

## 8<sup>th</sup> Grade Health Education – Human Growth and Development

### Illinois State Standards

23 Understand human body systems and factors that influence growth and development

### Performance Descriptors

23B.g.4 List choices that have a positive influence on health.

23B.g.5 List choices that have a negative influence on health.

23B.i.2 Analyze how behaviors can impact the maintenance of health and/or the prevention of diseases.

**Transfer goals:** Students will be able to independently use their learning to...

Analyze impacts of sexual activity on their physical, mental/emotional and social wellness to increase longevity and quality of life.

### Knowledge: Students will know...

How to prevent conception.

Teen pregnancy options.

There are community resources for contraception and teen pregnancy.

The age of consent for sexual activity.

Safe Haven Law. (<http://saveabandonedbabies.org/for-educators/>)

### Skill: Students will be able to...

To use DECIDE method to analyze teen pregnancy options and methods to prevent conception.

Identify places in the community where they can go for support.

Identify the places where a parent can relinquish their parental rights.

### Understandings: Students will understand that...

There are ways to prevent conception.

There are limited options regarding teen pregnancy.

There is a law to be able to consent to sexual activity.

A new mother has options according to the Safe Haven Law.

### Essential questions: Students will keep considering...

How do I remain abstinent in my relationships?

What are the risks and protective factors of sexual activity on my physical, mental/emotional and social wellness?

### Performance Tasks:

1. Students will analyze 2 out of 3 scenarios and complete the DECIDE method to determine the most effective methods of conception prevention including abstinence, hormonal, barrier, surgical, chemical, and behavior.
2. Students will analyze a scenario and complete the DECIDE method for teen pregnancy options.